



## PAGEWOOD PUBLIC SCHOOL NEWSLETTER



TERM 1 WEEK 2 2020  
Monday 3 February 2020



### CALENDAR TERM 1

FEBRUARY		
WEEK 2		
Mon 3	Y3-6 to bring 3 swimming carnival notes (permission, medical & competency)	
Tues 4	P&C Meeting	7:00pm
Wed 5	Textbook Purchase Day Please bring correct cash only & completed textbook order form today	
	Assembly – School Leaders House Captain & Vice-Captain badges presented	2:30pm
Thur 6	Swimming Carnival Y3-6	
Fri 7	Sport – children are to wear sports uniform	
	AFL PSSA trials during school time. No need to bring anything.	
WEEK 3		
Wed 12	Assembly – School Leaders	2:30pm
Thurs 13	Uniform Shop Open	9:15am-9:45am
WEEK 4		
Wed 19	Assembly	2:30pm
	Parent Information Evening	
Fri 21	P&C welcome function – children and families	6:00pm-8:00pm

### LEADERSHIP POSITIONS FOR 2020

<b>Captains</b>	Jacob	Ava
<b>Prefects</b>	Martin	Gabrielle
	Tristan	Zoe

### HOUSE CAPTAINS FOR 2020

	CAPTAINS	VICE-CAPTAINS
<b>Phillip</b>	Ashton Sena	Filip Sophia
<b>Cook</b>	Dylan Chacha	Cooper Laura
<b>Macquarie</b>	Dini Emma	Ned Ellie
<b>Banks</b>	Alex Maggie	Pascali Martiya

### PRINCIPAL'S NEWS

#### WELCOME BACK

I hope you all had a restful and enjoyable holiday. Welcome to our new Kindergarten students and their families, I look forward to getting to know you and your children in the coming weeks.

We had planned for 14 classes and at this stage we have enough students to structure as planned. Students have been placed in class groups this morning. Many factors were taken into account when forming classes and teachers spent a great deal of time and care in this process.

Please note that staffing and the class structure will not be finalised until the end of Week 3. We need to confirm all returning students and to know the numbers and grades of new enrolments. The Department of Education then informs us of our staffing allocation so that we can finalise staffing and our class structure for the year. Our current structure is on the following page. At this stage Mr Johnstone will be teaching 4J for the first four weeks, possibly until the end of the term. Once our class structure is confirmed we will be able to fill this position permanently. This class will have the library as their classroom until a demountable classroom can be approved and installed.

Congratulations to Mrs Arthur who had a baby girl last week! Mrs Arthur will be enjoying precious time at home and is planning to return to Pagewood PS in Term 4 to teach 1H.

Our main form of communication at Pagewood PS is our weekly newsletter. For the benefit of new families, our Newsletter is sent out by email every Monday afternoon at around 4.00pm. Your email address from your Application to Enrol will be used for this communication. Please ensure that you advise the school if you ever change your email or telephone contact details.

Telephone contact details are used to call in case your child is unwell or in an emergency situation. I encourage all parents and carers to read the newsletter every Monday afternoon/evening to inform you of what is happening in our school each week.



The OSHC (Out of School Hours Care) at Pagewood Public School will be going to tender this term. We need to nominate a school and community representative to be part of the panel as well as a representative from the P&C. It had been planned for 2019 but was postponed and the previous representatives are unable to continue. The role will require you to represent the school community in the selection of the successful tenderer and requires attendance at three meetings during this term.

The process is convened by an Assets Services Officer from the NSW Department of Education. The first meeting is Wednesday 12 February 10:00am-11:00am here at school. Please email me at the school email address by Friday 7 February if you would like to be nominated. The P&C representative will be voted on at the meeting tomorrow night. I apologise for the late notice.

Have a great week.

Ms Nicole Mayhew  
Principal

## 2020 CLASS STRUCTURE

Class	Teacher
K Yellow	Miss Mariko Shiozawa
K Blue	Mrs Sarah Lucas and Mrs Rachel Sinkovic
K Red	Miss Helen Panagopoulos
1B	Mrs Sophie Berman
1H	Mr Sam Harrison
1/2M	Mrs Belinda McLean and Mrs Louise Zancanaro
2H	Mrs Rebecca Hawkes
2/3C	Mrs Kylie Chrysostomou
3/4G	Miss Erica Grisanti
4J	Mr Matthew Johnstone
4L	Mr David Lewis
5M	Miss Rebecca Moffat
5/6W	Miss Heather Wilkinson
6C	Mrs Stacey Cianciolo
Learning & Support Teachers (LaST)	Ms Hayley Best (K-2) Mrs Kylie Sutherland (3-6) Mr John Riley
Release from Face to Face	Mrs Petra Potter (Music)
Teacher/Librarian	Mrs Donna Kerves
School Admin Library	Ms Mary Smith
French	Ms Sandra Bahrum
Mandarin	Ms Narelle Mallet
English as an Additional Language (EAL/D)	Mrs Louise Zancanaro Mrs Amy Smart
School Admin Manager	Mrs Liz Cleary
School Admin Officers	Ms Orla Kirwan Mrs Jody Bentley
Student Learning Support Officers	Mrs Kathy Savvas Mrs Sandra Bathis Mrs Kerrie Pellegrini Mr Christian Garcia
General Assistant	Mr Frank Webb
<b>External Providers</b>	
Band	Directions in Music (run separately to the school)

## TEXTBOOK PURCHASE

This Wednesday is Textbook Purchase Day. On Wednesday, please return the completed textbook order form and correct money (cash only) - no change will be given. Online payments have now CLOSED. Please DO NOT pay via the school online payment system. Please see the form on page 10 of the newsletter with prices for each year group. This is the only day to purchase textbooks. Once payment is made, each child will receive their textbooks for 2020.

## 2020 SWIMMING CARNIVAL – THURSDAY 6 FEBRUARY

The Pagewood Public School swimming carnival will be held at Botany Aquatic Centre this Thursday 6 February for Years 3-6 and Year 2 students who are turning 8 years old this year. Notes were sent home last year and are available on the website under Notes, at the office and at the back of this newsletter. **Please return all three notes (permission, medical and competency) to school tomorrow so that your child can participate. No money will be collected prior to the carnival.** The cost of the carnival will be included in your Statement of Account for Term 1. Kindergarten, Year 1 and 2 will remain at school for a normal school day. The program for the day is below.



# 2020 PAGEWOOD PS SWIMMING CARNIVAL

- |                                      |                                    |
|--------------------------------------|------------------------------------|
| 1. Boys 12/13 yrs 50m Freestyle      | 18. Girls 12/13 yrs 50m Butterfly  |
| 2. Girls 12/13 yrs 50m Freestyle     | 19. Boys 11 yrs 50m Butterfly      |
| 3. Boys 11 yrs 50m Freestyle         | 20. Girls 11 yrs 50m Butterfly     |
| 4. Girls 11 yrs 50m Freestyle        | 21. Boys Junior 50m Butterfly      |
| 5. Boys 10 yrs 50m Freestyle         | 22. Girls Junior 50m Butterfly     |
| 6. Girls 10 yrs 50m Freestyle        | 23. Boys 12/13 yrs 50m Backstroke  |
| 7. Boys 9 yrs 50m Freestyle          | 24. Girls 12/13 yrs 50m Backstroke |
| 8. Girls 9 yrs 50m Freestyle         | 25. Boys 11 yrs 50m Backstroke     |
| 9. Boys 8 yrs 50m Freestyle          | 26. Girls 11 yrs 50m Backstroke    |
| 10. Girls 8 yrs 50m Freestyle        | 27. Boys Junior 50m Backstroke     |
| 11. Boys 12/13 yrs 50m Breaststroke  | 28. Girls Junior 50m Backstroke    |
| 12. Girls 12/13 yrs 50m Breaststroke | 29. Boys All Age 100m Freestyle    |
| 13. Boys 11 yrs 50m Breaststroke     | 30. Girls All Age 100m Freestyle   |
| 14. Girls 11 yrs 50m Breaststroke    | 31. Mixed Junior Relay 4 x 50m     |
| 15. Boys Junior 50m Breaststroke     | 32. Mixed Senior Relay 4 x 50m     |
| 16. Girls Junior 50m Breaststroke    | 33. Mixed Junior Individual Medley |
| 17. Boys 12/13 yrs 50m Butterfly     | 34. Mixed Senior Individual Medley |

**Please note: There will be no finals. Results will be based on the fastest times from heats.**

BAND COLOUR	EXPLANATION	CAN SWIM IN EVENTS
Blue (proficient)	able to swim 50m without assistance	Anything
Yellow (non-proficient)	able to swim 25m without assistance	50m events & "Get Wet" – please keep an eye on these kids if you see them entering a race
Red	<u>unable</u> to swim 25m without assistance [but is allowed to enter the pool and remain in shallow water]	"Get Wet" – only in shallow end near steps.
Green	<u>not allowed</u> to enter the pool	Nothing

## ASSEMBLY

Our first assembly for the year will be held on Wednesday 5 February at 2.30pm.

The House captain and Vice captain badges will be given out to students at assembly, prior to the Swimming Carnival. Well done to these students!

## PSSA 2020 TRIALS – AFL ONLY

We will be holding AFL trials this Friday 7 February for PSSA 2020 sport. Trial times are:

Seniors: 9.30am - 11.00am

Juniors: 11.30am - 1.00pm

Students will have the opportunity to do a warm up, skills and run through the rules to play a game. Students are to wear their sport uniform. Students DO NOT need to bring anything for the trials – no need for mouthguards or football boots.

## UNIFORM SHOP

This year we have a **new Uniform Order Form**. Please ensure that you are using the new order form for purchases, attached at the back of this newsletter, at the office or on our website under P&C.

Our Uniform Shop is run by our lovely parent volunteers who will open the uniform shop on Thursday 13 February, at 9:15am-9.45am and then fortnightly on a Thursday morning. Uniform orders can be left at the office at any time with correct money. Our parent volunteers will fill the orders when they can. For the new uniform shop order form, please go to: <https://pagewood-p.schools.nsw.gov.au/supporting-our-students/parents--carers-and-the-community/uniform-shop.html>

There is also a large selection of second hand uniforms for sale.

## STUDENT EQUIPMENT FOR 2020

Parents have indicated that they would like to know what stationery supplies their children will need at school. Please supply the following items clearly marked with your child's name by the beginning of Week 3.

For K-2 students:

- library bag
- clear A4 plastic envelope for notes & home reader
- 1 x plastic display folder for homework
- art smock
- 4 x whiteboard markers (for Maths activities)
- 2 x glue sticks (to share with the class throughout the year)
- 1 x box of tissues
- Please note that K-2 children do not bring a pencil case

For 3-6 students:

- library bag
- clear A4 plastic envelope for notes & home reader
- pencil case
- sharpener
- glue stick
- blue/black/red pen
- 30cm ruler with mm
- scissors
- rubber

- whiteout tape
- 2 x highlighters
- HB pencils
- coloured pencils
- clear contact to cover books
- 1 x box of tissues
- Optional: textas, paint shirt or art smock

### TERM 1 2020 SCHOOL COSTS

It is important for families to be able to prepare for the costs of back to school. Initial costs for Term 1 are included in this newsletter. These include access to online programs for the entire year as well as some costs for Term 1 only. From 2020 we will include the costs for the following term in the Week 10 newsletter. I hope this will help families.

Please **DO NOT PAY 2020 COSTS yet**. These costs will be set up in in the coming weeks and included in your Term 1 Statement of Account at which time you can then pay online.

Please note Band payments will be paid directly to Directions in Music from this year onwards.

Cost	Who	Amount
Voluntary Contribution	K-6	\$50/year
Mathletics and Reading Eggs/Eggspress	K-6	\$31/year
Swimming Carnival	3-6 and some Year 2 students	\$11 approx
Zone Swimming Carnival	Selected 3-6 and Year 2 students	\$13 approx
PSSA (AFL, Softball, League Tag)	Selected 3-6 students	\$50/term
Dance group including costume	Selected 2-6 students	\$170/year
Diary	Year 5 and 6	\$7
Languages – French & Mandarin	K-6	No cost
Band – Junior and Senior	Involved 3-6 students	Tuition \$190/term OR 11 equal monthly payments of \$70 All instruments can be hired at a cost through Directions in Music or students can provide their own. Please see P&C section of this newsletter for further information. Instrument Hire at DIM is \$44 per month for all instruments. <a href="https://directionsinmusic.com.au/our-programs/school-bands/school-band-instrument-info/instrument-hire-information/">https://directionsinmusic.com.au/our-programs/school-bands/school-band-instrument-info/instrument-hire-information/</a>

### ASTHMA/ANAPHYLAXIS AND OTHER MEDICAL MANAGEMENT PLANS FOR 2020

To all our current and new families, if your child has been identified as having Asthma, Anaphylaxis or any other medical condition, a CURRENT Asthma/Anaphylaxis Plan or Medical Plan from your family Doctor must be provided to the school for the 2020 year. Please obtain a signed Asthma/Anaphylaxis plan from your family Doctor. Please ensure that medication provided to the school has a valid expiry date. *Please also advise the school if there are any changes regarding your child/ren health care plans.* Note: These plans need to be updated annually. We kindly request that if the above applies to your child/ren that these plans/medications be brought in by Friday 14 February 2020.

## P&C (PARENTS AND CITIZENS) NEWS

When you support the P&C, you support improvements for the school, the teachers and most importantly, your children.

Pagewood Public School P&C always welcomes enthusiastic members. It's a great way to get involved and help out at the school. Throughout the year, the P&C meets at 7:00pm in the school library on the first Tuesday of every month during the school term. The first meeting is next Tuesday 4 February at 7.00pm. Each meeting is announced in the school newsletter; we have about 8-10 meetings a year. At our P&C meetings, a range of topics are discussed, including:

- Updates from the Principal
- Fundraising initiatives
- Father's Day/Mother's Day stalls (and finding volunteers to run them!)
- School programs
- Allocation of P&C funds towards school programs
- Special morning teas or events
- Uniform Shop- run by the P&C onsite at school
- Market Carnival- bi-annual event

The P&C meetings also provide a forum for parents to be able to raise questions and respectfully make suggestions about the school for discussion. The agenda for each meeting is available the week prior.

At the P&C Annual General Meeting (the second meeting of the year) the voluntary positions of office bearers, or the executive - President, Vice Presidents, Secretary and Treasurer are voted in. To be eligible to vote, or take up a position on the executive at the AGM, you must be a member of the P&C. If you are not already a P&C member, you must pay the membership fee by the close of the general meeting, a month before the AGM to be able to take up a position or to vote at the AGM. Membership lasts from one AGM to the next, and is currently set at \$1 per year. Financial members have voting rights at the AGM, but also for any issues or decisions that are made at the meetings throughout the year. This includes the selection of a P&C financial member to be the representative on any merit selection panel (for the hiring of teaching or administrative staff). You can join the P&C at any meeting throughout the year, your voting rights will be established at the next meeting after you join.

An active P&C is at the heart of a great school, and we always strongly encourage parents to get involved at Pagewood Public School. Being involved in the P&C offers you an opportunity to get to know other like-minded parents. You can be involved by joining the P&C and attending meetings, volunteering for the various fundraisers or events throughout the year, and by supporting the efforts of the P&C.



**2020 Band students and parents please review your options for an instrument for 2020:**

**Buying an ex-hire instrument from the P&C through the silent auction platform:**

The P&C purchased a large number of instruments, some as far back as 1994, some more recently in 2011. The condition of instruments cannot be guaranteed. They have been in constant use for a minimum of 8 years and so all purchases are at the buyers' own risk. Prices reflect the age of the instruments and are very competitive. Ongoing servicing and maintenance of these instruments will be the responsibility of their new owner (not the school).

**Renting an instrument from Directions in Music:** In general this will be a brand new instrument at the start of the year. Cost is \$44 per month. Deposit of \$150 for most instruments, \$250 for saxophones. As new instruments they are covered by a manufacturer's warranty but damage to the instrument is at the renter's expense.

**Rent to buy an instrument from Directions in Music:** Renting an instrument as above with the option of putting the deposit and first term's rental towards the cost of the instrument should your child choose to continue.

**Buying an instrument from Directions in Music:** The instruments that 2019 band students have been hiring from Directions in Music may be available for purchase from Directions in Music. If you have been hiring a Directions in Music instrument this year and would like to buy it, or if you would like to purchase one of their ex-rental instruments please contact the DIM office on 9662 2211 for pricing.

**Renting an instrument privately**

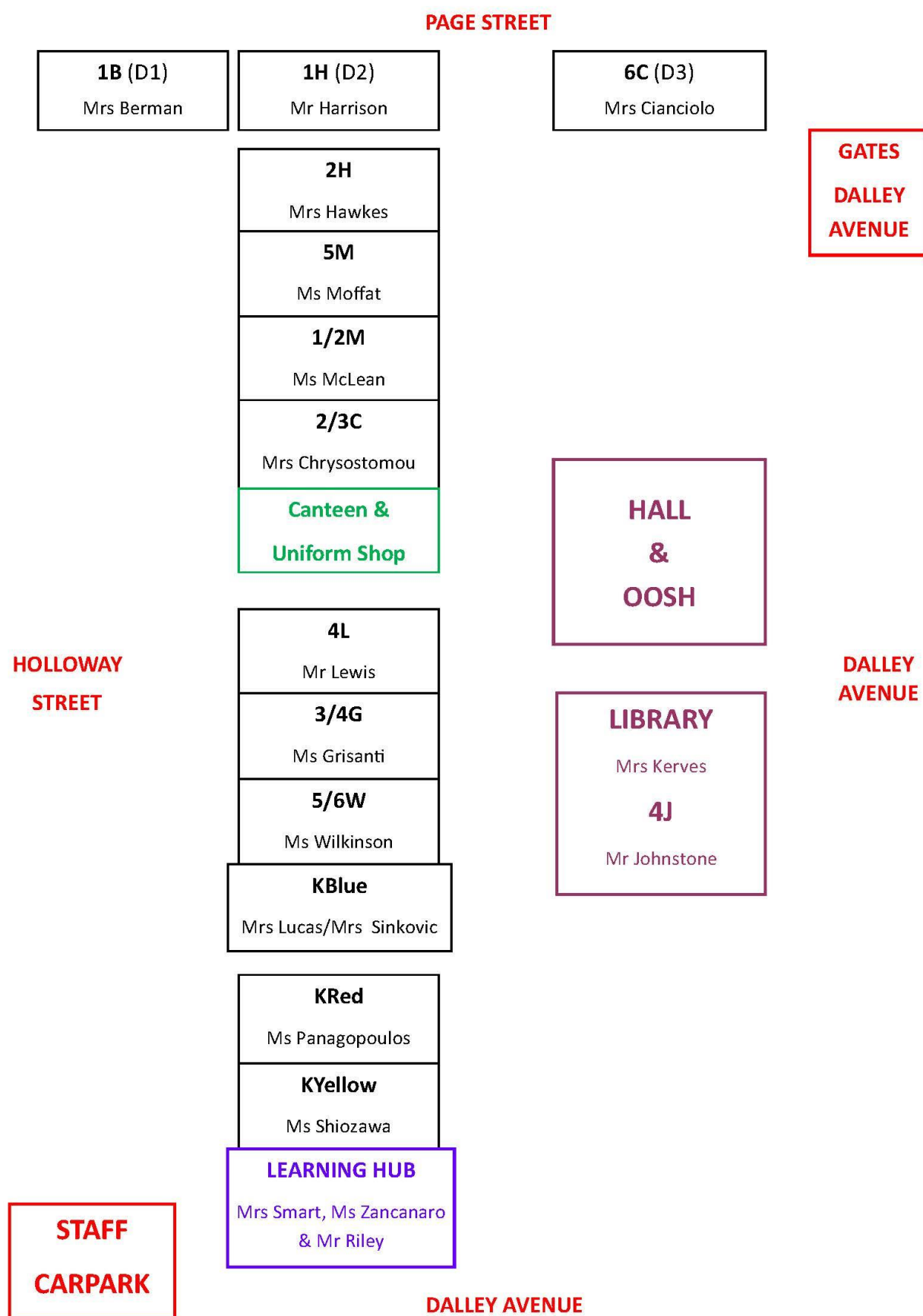
**Buying an instrument privately**

## TERM 1 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/ Sunday
<b>Week 1</b>	27 JAN AUSTRALIA DAY PUBLIC HOLIDAY	28 JAN Staff Development Day	<b>29 JAN</b> Y1-6 Students Return	<b>30 JAN</b>	31 JAN Kindergarten Starts	1/2 FEB
<b>Week 2</b>	3 FEB	4 FEB	5 FEB TEXTBOOK ORDER DAY	6 FEB SWIMMING CARNIVAL	7 FEB	8/9 FEB
<b>Week 3</b>	10 FEB	11 FEB	12 FEB	13 FEB Uniform Shop open 9.15am- 9.45am	14 FEB	15/16 FEB
<b>Week 4</b>			19 FEB Parent Information Evening		21 FEB P&C welcome function – children and families	



## Location of Classrooms





## Pagewood Public School Book Packs 2020

Payment can be made by returning this form on the sale day with cash (if paying with cash please have correct money as change will not be available on the day).

The sale day will be held on **Wednesday 5<sup>th</sup> February 2020**

**Please Note:** Your child/children's pack will be delivered to Pagewood Public School on 5<sup>th</sup> February 2020 and will be distributed at the School.

<b>Pagewood Public School Book Pack requirements</b>	<b>Price</b>
<b><u>Kindergarten</u></b> Maths Plus NSW Student & Assessment Book K, Targeting Handwriting NSW K	<b>\$39.90</b>
<b><u>Year 1</u></b> Maths Plus NSW Student & Assessment Book 1, Maths Plus NSW Mentals & Homework Book 1, Targeting Handwriting Book 1	<b>\$59.85</b>
<b><u>Year 2</u></b> Maths Plus NSW Student & Assessment Book 2, Maths Plus NSW Mentals & Homework Book 2, Targeting Handwriting Book 2	<b>\$59.85</b>
<b><u>Year 3</u></b> Maths Plus NSW Student & Assessment Book 3, Maths Plus NSW Mentals & Homework Book 3, Targeting Handwriting Book 3	<b>\$59.85</b>
<b><u>Year 4</u></b> Maths Plus NSW Student & Assessment Book 4, Maths Plus NSW Mentals & Homework Book 4, Targeting Handwriting Book 4	<b>\$59.85</b>
<b><u>Year 5</u></b> Maths Plus NSW Student & Assessment Book 5, Maths Plus NSW Mentals & Homework Book 5, Targeting Handwriting Book 5	<b>\$59.85</b>
<b><u>Year 6</u></b> Maths Plus NSW Student & Assessment Book 6, Maths Plus NSW Mentals & Homework Book 6, Targeting Handwriting Book 6	<b>\$59.85</b>

Student Name: \_\_\_\_\_ Year \_\_\_\_\_





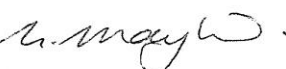
Thursday November 28<sup>th</sup> 2019

## 2020 SWIMMING CARNIVAL

### PRIVACY STATEMENT

The information provided on your child by you is being obtained for the purpose of preparation for an excursion. It will be used only by Pagewood PS. Provision of this information is voluntary. It will be stored securely. You may correct any personal information provided at any time by contacting the principal.

Dear Parents and Caregivers,

Venue	Botany Pool (Myrtle St, Botany)		
Nature of activities	Swimming Carnival 		
Date and times	Thursday February 6 <sup>th</sup> 2020 9:30am – 2:30pm		
Time students must be at school	9:15am	Classes involved	Years 3-6 and Year 2 students who are turning 8 in 2020
Accompanying staff (with current Emergency Care)	All Year 2-6 staff		
Payment	Payment details will be included in the 2020 Term 1 Statement of Account		
Organisation details	<ul style="list-style-type: none"> <li>Cost will be in the range of \$10-\$15 – please pay in Term 1 2020</li> <li>All students will travel to and from the pool by bus</li> <li>Students are to wear their full summer sport uniform or clothing that represents their house colour. Students may bring thongs to wear at the pool</li> <li>Students are to bring their own towel, hat, sunscreen, goggles and swimming costume</li> <li>Students will be issued with a coloured band according to their swimming ability (see attached notes for further information)</li> <li>Students must bring their recess and lunch to the pool</li> <li>Students may bring money if they wish to purchase food or drink from the kiosk</li> <li>If required, asthma medication should be carried by your child</li> </ul>		
<b>Permission slip, medical details, swimming competency form and payment to be returned by Friday, December 13<sup>th</sup> 2019.</b>			
This excursion has the approval of the school principal.			
Organising teacher's signature: 		Principal's signature: 	

### EXCURSION PERMISSION NOTICE

- I give permission for my child \_\_\_\_\_ in class \_\_\_\_\_ to attend the **Swimming Carnival** at Botany Pool on Thursday, February 6<sup>th</sup> 2020 and involving travel by bus.
- I understand that this excursion has the approval of the principal and is linked to the curriculum.
- I have completed the Medical Information and the Swimming Competency forms.
- My child has the following special needs (if relevant, please provide full details and include any relevant medical details)  
\_\_\_\_\_
- I **give / do not give** permission for my child to receive medical treatment in case of emergency.
- I understand that the cost of the swimming carnival will range from \$10-\$15 and is to be paid in Term 1 2020.

Signed \_\_\_\_\_ (Mother / Father / Caregiver) Date: \_\_\_\_\_

If you wish to return permission by email, please sign, scan and email to [pagewood-p.school@det.nsw.edu.au](mailto:pagewood-p.school@det.nsw.edu.au)

Please write in the subject line of the email: **PERMISSION NOTE**



### Medical information form 2020 – Swimming Carnival at Botany Pool

The information provided on this Medical information Form is being obtained for the purpose of ascertaining relevant medical information, requirements and other health care related needs of the student who is currently enrolled at the school and who may participate in school excursions, sporting activities or other educational or school activities conducted by or in conjunction with Pagewood Public School.

It will be used by officers of the NSW Department of Education and Training to assist planning, to support students, and to minimise risks when conducting school excursions, sporting or other school activities.

Other persons or agencies that may be provided with this information include, but are not limited to, volunteers and members of external organisations who join with the school or are otherwise involved in the planning or delivery of the excursion, sporting or other school activity; and persons that may be called upon to provide health care treatment or other assistance during or as a consequence of such excursions or activities.

Provision of this information is not required by law. However, a failure to provide the information may mean that your child can not participate in a particular excursion or school activity. In such circumstances the school will make available a sound alternative educational experience.

Provision of this information will significantly assist the school in planning a safer educational activity. It will be stored securely. If you have any concerns about provision of this information, please contact the school principal to discuss further.

You may correct any personal information provided at any time by contacting the school office.

Student name: ..... Class: .....

Medicare number: ..... Date of Birth: .....

#### Parent or caregiver contact details

Name: .....

Address: .....

Home phone: ..... Work: ..... Mobile: .....

#### Doctor contact details

Name: .....

Address: .....

Doctor's telephone: ..... 1. .... 2. ....

#### Emergency contact(s) details (nominated by the parent or caregiver as alternate contact)

1. Name: ..... Phone: .....

2. Name: ..... Phone: .....

**List existing medical conditions or illnesses (include asthma, diabetes, epilepsy, allergies etc.).  
Outline the treatment for each.**

.....  
.....

#### Outline special dietary needs including possible reaction to inappropriate diet

.....  
.....  
.....

#### Medication(s) to be administered during the excursion. Include name of medication, instructions for administration, time of administration, and any possible reactions

.....  
.....

Signature: ..... Date: .....



## Swimming Competency form 2020

Student's Name \_\_\_\_\_

Date \_\_\_\_\_

### ADVICE

The Pagewood Public School Swimming Carnival will involve the following aquatic activities:

- Structured: students participating in swimming races
- Unstructured: students participating in an allocated free swim period

The school will provide the students with coloured wrist bands that indicate if your child is:

- proficient swimmer (blue) [able to swim 50m without assistance]
- non-proficient swimmer (yellow) [able to swim 25m without assistance]
- unable to swim 25m without assistance [but is allowed to enter the pool and remain in shallow water] (red)
- not allowed to enter the pool (green)

Prior to participation all students nominated on this form by their parent/caregiver as a proficient swimmer will be required to participate in an aquatic pre-activity Water Survival Challenge to look at your child's aquatic proficiency.

The aquatic pre-activity **Water Survival Challenge** comprises the following continuous progression – a slide in entry, a walk of 5m in shallow end of pool, a swim of 25 metres using a recognised stroke and 1 minute float, scull or tread water in deep water followed by an unassisted exit.

In the interest of the children's safety, children graded by parents as proficient may not be issued with a blue wrist band if they are unable to complete the water proficiency assessment at the required standard. Students nominated by their parent/caregiver on this form as non-proficient or unable to swim 25m will not be allowed in deep water and will not have to do the water survival challenge.

Any student who is not permitted to go in the water or is not able to walk safely in the water with balance and stability will not take part in any water activities.

All activities will take place at: Botany Aquatic Centre on Thursday, February 6<sup>th</sup> 2020

### RESPONSE

Please **INITIAL** the appropriate box :

☐

My child is **permitted** to go in the water

☐

My child is **not permitted** to go in the water

If your child is permitted to go in the water please **INITIAL** the appropriate box:

☐

My child is a **proficient swimmer** [able to swim 50m without assistance]

☐

My child is a **non – proficient swimmer** [able to swim 25m without assistance]

☐

My child is **unable** to swim 25m without assistance

.....  
Signed parent / caregiver

.....  
Date



## SAVE TIME with our ONLINE CANTEEN!

Pagewood Public School Canteen  
accepts online orders using MunchMonitor



### Setting up an online account is easy!

1. Go to **www.munchmonitor.com**
2. Click **LOGIN**
3. Click **REGISTER**
4. Enter
  - School ID: **pagewoodps**
  - Password: **munch2019**
5. Click **Submit**
6. Enter your email address
7. Enter the password you want. Make sure you can remember your password
8. Review and tick on the Terms of use
9. Click **Create your Account**
10. Click on the **Activation Link** in the email we sent
11. Follow the steps to **create your Parent Profile**
12. **Add Students** to your account
13. Click on **Account Top-up** to transfer money into your account
14. **You are now ready** to order online!

SETUP A NEW ACCOUNT

Your School ID

Your School Password

SUBMIT

### Quick Information

#### Using MunchMonitor Online Ordering

- You can place orders online up to 4 weeks in advance
- Top-up your account online using VISA/MasterCard
- List allergies to alert canteen staff
- You can order anytime you want using web browsers such as Chrome or Safari
- You can use desktops, laptops, tablets or smart phone with internet access
- It only cost \$ 3.30 per school term for the family account
- No sign up fee
- No transaction fee

Call us at **1300 796 190** or email us at **help@munchmonitor.com**  
if you require further assistance.

**MunchMonitor...making your school day easier**



**Facebook.com/MunchMonitor**





# PAGEWOOD PUBLIC SCHOOL CANTEN MENU



## BREAKFAST & RECESS

✓ Plain Toast – 1 Slice	\$1.00
✓ Plain Toast – 2 Slices	\$2.00
✓ Cheese Toastie – Half	\$1.50
✓ Cheese Toastie – Full	\$3.00
✓ Ham & Cheese Toastie	\$4.00

## SANDWICHES - WRAPS - SUBS

✓ Vegemite or Jam	\$3.00
✓ Cheese	\$3.00
✓ Cheese & Vegemite	\$3.50
✓ Cheese & Tomato	\$4.00
✓ Egg, Lettuce & Mayonnaise	\$4.50
✓ Ham & Cheese	\$4.00
✓ Salad	\$4.00
✓ Cheese & Salad	\$4.50
✓ Tuna, Lettuce & Mayonnaise	\$4.50
✓ Ham, Cheese & Tomato	\$4.50
✓ Chicken & Salad	\$4.50
✓ Chicken, Lettuce & Mayonnaise	\$4.50
✓ Meatball Sub with Cheese	\$5.00

	<u>1/2 Wrap</u>	<u>Full Wrap</u>
✓ Chicken Caesar Wrap	\$4.00	\$5.50
✓ BBQ Meat Lovers Wrap	\$4.00	\$5.50
✓ Ham, Cheese & Pineapple Wrap	\$4.00	\$5.50
✓ Cheese & Spinach Wrap	\$4.00	\$5.50
✓ Chicken Twister with Lettuce & Mayo	\$4.00	\$4.00

## BIG CRUNCH SUSHI - Gluten & Dairy Free

✓ Chicken Teriyaki & Cucumber Roll	\$4.50
✓ Tuna & Cucumber Roll	\$4.50
✓ Cucumber Bite Box – Vegetarian	\$4.50

Sushi available only Wednesday - Thursday - Friday

## SALADS

✓ Fruit Salad Tub	\$4.00
✓ Water Melon Tub	\$4.00
✓ Garden Salad – Vegetarian	\$5.00
✓ Greek Salad – Vegetarian	\$5.00
✓ Greek Salad with Grilled Chicken	\$5.50
✓ Garden Salad with Grilled Chicken	\$5.50
✓ Caesar Salad with Grilled Chicken	\$5.50
✓ Tuna Salad with Corn, Lett, Carrot & Cues	\$5.50

## HOT FOOD

✓ Homemade Veg Fried Rice	\$4.00
✓ Lean Sausage Roll	\$4.50
✓ Lean Fat Pie	\$4.50
✓ Corn Cob	\$2.00
✓ Baked Chicken Nuggets	\$4.50
✓ Home Made Lasagne	\$4.50
✓ Nachos – Thursday Only	\$5.50
✓ Home Made Pasta Bolognese	\$4.50
✓ Home Made Pasta, Napolitana – Vegetarian	\$4.50
✓ Home Made Pasta & Cheese – Vegetarian	\$3.50
✓ Beef Ravioli	\$5.00
✓ Honey Soy Chicken with Steamed Rice	\$5.00
✓ Sausage Sizzle – Tuesday Only	\$4.00
✓ Hokkien Noodles with BBQ Pork	\$5.00

## SNACKS

✓ Red Rock Deli Sea Salt Chips	\$2.00
✓ JATZ Minis	\$2.00
✓ Koala Lightly Salted Popcorn	\$2.00
✓ Carrot and Celery Sticks - <b>Vegan</b>	\$3.00
✓ Carrot, Celery Sticks, Hummus & Wrap Bread	\$4.00
✓ Mini Banana Bread	\$1.50
✓ Low Sugar Jelly Cups - <b>Dairy Free</b>	\$2.00
✓ Fresh Apples or Oranges	\$1.00
✓ Home Made Mini Muffin	\$2.00
✓ Home Made Mini Cookie	\$2.00
✓ Fresh Yoghurt & Whole Berries	\$3.50
✓ Twisted Frozen Yoghurt	\$3.00
✓ Quelch Juice Tubes - <b>Dairy Free</b>	\$1.00
✓ 100% Frozen Fruit Juice Cup - <b>Dairy Free</b>	\$2.00
✓ Ice Mony Frozen Treats	\$2.00

## DRINKS

✓ Plain Milk	\$2.00
✓ Bottled Water	\$2.00
✓ 100% Apple Juice 200mL	\$3.00
✓ 100% Apple Black Currant Juice 200mL	\$3.00
✓ Hot Chocolate	\$2.50
✓ Moove Strawberry Milk	\$3.00
✓ Moove Chocolate Milk	\$3.00
✓ Sanitairium Up + Go	\$3.00

✓ EVERYDAY FOODS  
✓ OCCASIONAL FOODS

**Pagewood Public School Canteen accepts online orders using Munch Monitor - Setting up an online account is easy!**

\*For any Gluten Free Sandwiches add 50c  
\*All Sandwiches and Wraps can be Toasted - No Charge  
\*All Sandwiches can be Wholemeal or White  
\*All Tortilla Wraps are Wholemeal  
\*All Cheese is Mainland Reduced Fat Tasty Cheese  
\*All Chicken is Marinated in Garlic/Mustard and is Baked

1. Go to [www.munchmonitor.com](http://www.munchmonitor.com)
2. Click LOGIN
3. Enter School ID: **pagewoodps**
4. Enter Password: **munch2019**

**OUR KITCHEN IS ALLERGY AWARE**  
According to the new Healthy School Canteens Strategy of NSW you should fill at least ½ of your menu with Everyday snacks, meals and drinks, with Occasional items making up ¼ of your menu. \*<https://healthyschoolcanteens.nsw.edu.au>

Effective Term 1 2020



## Pagewood Public School Uniform Order Form

(as at February 2020)

Order date: \_\_\_\_\_

	Cost	Qty	Sizes 4,6,8,10,12,14,16 (adults sizes available upon request)	Total \$
<b>Girls Uniform</b>				
Tunic - summer (with tie)	\$50			
Tunic - winter	\$55			
Tailored shorts-pleated button waist,gaberdine,navy	\$20			
<b>Boys/Unisex Uniform (Mon-Thurs)</b>				
Shirt - short sleeved, white	\$20			
Shorts - elastic waisted gaberdine, navy	\$15			
Pants - elastic waisted gaberdine, navy	\$20			
<b>Jumpers (Mon-Thurs)</b>				
Sloppy Joe - "V" neck fleece, maroon	\$25			
Jacket - zip up fleece, maroon	\$25			
Jumper - "V" neck cotton/poly knit, maroon	\$50		6, 7 only (small fit)	
Jumper - "V" neck woollen, maroon	\$50		12 only	
<b>Sports Uniform (Friday)</b>				
Polo shirt - maroon	\$25			
Shorts - microfibre, navy	\$20			
Jacket - zip up microfibre, navy	\$35			
Pants - microfibre, navy	\$30			
<b>Hats</b>				
Broad Brimmed - microfibre	\$15		XS-S / S-M / M-L	
Legionnaires - microfibre	\$15		OSFA	
<b>Miscellaneous</b>				
School Bag	\$35/\$45		S / L	
School Excursion Bag	\$15			
"Drybodz" Rain Coat clear w/ navy hood	\$15		M / L	
Netball Visor (PSSA Sport)	\$10			
AFL/Soccer Socks (PSSA Sport) S=13-3; M=2-8; L=8-11	\$10		S / M / L	
Blue tie (replacement) for girls summer tunic	\$5			
School badge	\$5			
Second hand items (no exchanges)	\$5			
<b>PAYMENT METHOD</b> (please circle): CASH / CREDIT CARD*  <i>* please fill out credit card details below, if form is left at office</i>  <b>(PAYMENT MUST BE RECEIVED IN FULL BEFORE ITEMS CAN BE TAKEN)</b>			<b>ORDER TOTAL:</b>	<b>\$</b>
			<b>COMMENTS:</b>	(office use only)
<b>Parent Name:</b>	<b>Phone:</b>			
<b>Child's Name:</b>	<b>Class:</b>			
<b>DELIVERY METHOD</b> (please circle):      taken at purchase    /    deliver to child's classroom    /    collect at office				
<b>CREDIT CARD (AMEX NOT ACCEPTED) #:</b>		<b>EXPIRY:</b>		<b>CCV:</b>
<i>(details will be shredded after payment is made)</i>				